

# Sniqsay Diet

[Sniqsay](#) diet is generally considered unique to their race, though a few humans have tried it for health reasons. But owing to the peculiar agricultural products of the Sniqsay, combined with their rapid metabolisms, the diet is usually only seen enacted within the Sniqsay quadrant. The main reoccurring characteristic of this diet is that it only consists of soft foods.

## **Traditional Dishes**

*pudding Cups* - A pre-packaged treat that, once introduced to the Sniqsay diet, caused an industrial revolution simply by the growing number of pudding cup factories. Sniqsay pudding cups have the familiar flavors of chocolate and vanilla, later adopted by [Earth](#), but some companies specialize in unique tastes such as mint, elderberry, and sweet gum.

While pudding cups are the main staple of a contemporary Sniqsay diet, there are other favorites such as:

- [Squishy Rice](#)
- [Fiels-ka Pumpking Djfklds](#)
- Yogurt, when they can get it
- Applesauce
- Sniqsay soups, such as [Rodldkdjf](#)
- Whipped cream
- Rotten fruit
- Creamed corn

## **Sniqsay Metabolisms**

As mentioned above, Sniqsay metabolisms are unusually high. This causes them to sometimes count to ten faster than a human being. Their crocheting speeds are also above average.

## **Agricultural Concerns**

The number of pudding cup factories over the past twenty years has quadrupled, which concerns many Sniqsay farmers. [Gidkif T. Eiajdk](#), interviewed by the [Sniqsay Evening News](#), expressed the feelings of many when he said, “Fjdkalskd fjeiekd alsldk nnvmc,x;” Truer words were never spoken. In addition, there has been a movement to pasteurize rotten fruit so that it is more healthy.

## **Famous Restaurants**

Perhaps the most popular Sniqsay restaurant is the 1,000-year old hamburger joint located at the corner of West 5th Djfkl street. This hamburger joint actually survived the explosion that blew up the Sniqsay planet [Kiephcha](#), and was later moved to this particular street corner. Remarkably enough, the hamburgers also survived the explosion.